

An experience with enough power to change you can be painful and grateful. I have found that after the dust settles and you endure the pain to come out the other side grateful. I was a go getter in high school, I finished my required credits for high school by the end of my junior year. Since my high school requirements were achieved, I signed up to start college my senior year through a program called, Running Start. In my newfound freedom, I began to spend my time with the wrong people and this decision began my year and a half battle with opiates. I had been sent to a detox facility and then enrolled in an out-patient program, none of which was by my choice. I had missed my finals to graduate to the second year of the associates program. After becoming clean, my amazing instructors who believed in me, provided me the opportunity to take my finals. I passed and did well for some time but had slipped and fell deeper down the hole over the summer break. I was kicked out of my parent's house and cut off completely. If it were not for their tough love, which I whole heartily believe was harder on them than me, I would have continued down this dark path. Being out on my own, couch hopping, sleeping in my car, and having no money for my fix, I finally was able to see clearly that I was not on the path I wanted to be on and was going to die if I did not fight back. I needed to ask for help, I thought I had it under control. I had reached out to my parents to meet with a counselor and myself. I begged them to help. Six hours away in an inpatient facility, I spent 30 days receiving help to beat this nasty disease. I was determined to have a better life and repair the relationships with my family. During that time, I fought hard for my freedom of these crippling drugs and though it does become easier every day, I continue to fight today, now 10 years sober. Overcoming this highly intense situation has given me a unique outlook, strong determination and high motivation when achieving goals and outcomes. It taught me I am strong but not to be ashamed to ask for help when you lose control. Once through the pain and hardship, I am grateful for my life and what I have learned. I am enrolled at Western Governors University in the elementary education program. My experience will help me guide my students down the right path and aiding those who fall victim to this disease. I can make a difference by sharing my story and informing our youth of the harsh realities of addiction and encourage them to never dabble in drug use. I aim to set my students up for success and support them in becoming happy and healthy member in society.

Letter of Recommendation

March 7, 2011

To whom it may concern:

This letter of recommendation is for Jessica Grittner. Jessica is enrolled in the Cosmetology program at Spokane Community College as a full time student.

Jessica attends class Monday thru Friday 8:30 to 3:30. Lecture class is Cosmo 111 and this is a 5 credit class, and Cosmo 112 is a lab class and is a 12 credit class. In Jessica's lab class she is learning the beginning of being a Stylist, learning to cut, perm, color and style client's hair. This takes a lot of dexterity along with patients.

This is Jessica's second quarter in Cosmetology and is a dedicated student with a GPA of 3.5. I feel that Jessica has the potential of being an excellent Stylist. Jessica is developing a professional approach, and is always striving for excellence.

Sincerely,

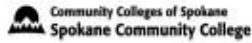


Cindy Martinez

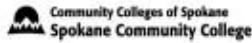
Cosmetology Instructor

Spokane Community College

College Transcripts



Page 1 of 3



Page 2 of 3

Unofficial Transcript - Academic Career

Name: Jessica Grittner
 Student ID: 201031553



Page 3 of 3

Unofficial Transcript - Academic Career

Name: Jessica Grittner
 Student ID: 201031553

			<u>Attempted</u>	<u>Earned</u>	<u>GPA Units</u>	<u>Points</u>
Term GPA	0.000	Term Totals	10.000	0.000	0.000	0.000
Cum GPA	3.357	Cum Totals	132.000	122.000	122.000	409.500
Undergraduate Totals						
Cum GPA	3.360	Cum Totals	132.000	122.000	122.000	409.500

End of Unofficial Transcript - Academic Career

Cum GPA	3.284	Cum Totals	102.000	102.000	102.000	335.000
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FALL 2012 (09/24/2012 - 12/13/2012)

<u>Course</u>		<u>Description</u>	<u>Attempted</u>	<u>Earned</u>	<u>Grade</u>	<u>Points</u>
COS	261	Adv Cos II	5.000	5.000	3.4	17.000
COS	262	Adv Apps II	10.000	10.000	3.8	38.000
MMGT	205	Sm Bus Plan	5.000	5.000	3.9	19.500

Term GPA	3.725	Term Totals	20.000	20.000	20.000	74.500
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PRESIDENT'S HONOR ROLL

Cum GPA	3.357	Cum Totals	122.000	122.000	122.000	409.500
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WINTER 2013 (01/02/2013 - 03/20/2013)

<u>Course</u>		<u>Description</u>	<u>Attempted</u>	<u>Earned</u>	<u>Grade</u>	<u>Points</u>
BUS&	101	Intro Bus	5.000	0.000	W	0.000
MMGT	101	Prin Mgt	5.000	0.000	W	0.000